

# We make proper, grown-up, **organic** meals for children of all ages\* (incl. me!) for **restaurants** and **cafés** everywhere...

\*Suitable from 12 mths to 12 years, our award-winning meals are lovingly prepared by our chefs (Patrick and Mark). They serve one to two portions (age and appetite depending), are 100% organic and are packed with nutritious common sense and lashings of great taste.

## Forget everything you ever thought about children's food!

- delicious pasta and rice dishes • **kids love it and it loves them back**
- **only the best british organic meat** • local ingredients where possible
- sensible salt, sugar and fat - not silly • **no waste, no hassle, no leftovers**
- **frozen, portioned and 12 months life** • couple of minutes to regenerate
- ticks all the boxes...

### **Organic Chicken Bolognese & Curly Pasta**

A scrummy Bolognese made with organic chicken in a rich tomato sauce with basil and served with curly pasta.

EGG & DAIRY FREE

### **Organic Spaghetti Bolognese**

Traditional home-cooked style bolognese made with organic British beef, lots of lovely veggies and spaghetti.

EGG & DAIRY FREE

### **Organic Spaghetti & Meatballs**

Delicious organic pork and beef meatballs orbiting in a spaghetti galaxy and a rich tomato sauce.

DAIRY FREE

### **Organic Mild Chilli & Rice**

A mild chilli to tickle the tastebuds, sweetened with mango chutney and served with basmati rice.

GLUTEN, EGG & DAIRY FREE

### **Organic Creamy Salmon Pasta**

Organically farmed Scottish salmon fillet in a creamy sauce with selected vegetables and penne pasta.

EGG FREE

### **Organic Pomodoro Spaghetti (v)**

A classic Pomodoro sauce of sun-ripened Italian tomatoes and Mediterranean herbs with spaghetti.

EGG & DAIRY FREE

### **Organic Ham and Cheesy Pasta**

Nice and cheesy organic ham and mature cheddar cheese sauce with peas and penne pasta.

EGG FREE

### **Organic Macaroni Cheese (v)**

The old tea time favourite. Classic macaroni in a mature cheddar cheese sauce with carrots and peas.

EGG FREE

### **Organic Pasta Napoli (v)**

Simple but great. Organic penne pasta coated in a very moreish tomato and cheese sauce.

EGG FREE

**no rockets, no scientists!**



**miniscoff.**

organic food for children

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www.miniscoff.co.uk ask about our adult menu too...