

# Mother & Baby

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'MY TEENAGER DELIVERED MY BABY'

The No.1 pregnancy, baby and toddler mag

## ANTENATAL TESTS

**EXPOSED**

ARE THEY REALLY SAFE?

## Teething traumas

Real mums' simple solutions

**25** WAYS TO CALM YOUR CRYING BABY

BABY ON A BUDGET

## BUSINESS MUM OF THE MONTH



Many new mums are inspired to start their own businesses. Here's our favourite this month

Shoo Oliphant, 38, from Wiltshire, had the idea for Miniscoff shortly after the birth of her second baby, Oscar (now six). Miniscoff is a range of home-cooked, ready-to-serve organic meals, aimed at toddlers and young children. Shoo (left, with her husband, Angus) gave up her job in retail and became a full-time business mum. She has recently given birth to a third child, although she thinks of Imogen as her fourth baby, with Miniscoff being her third! For more info visit [miniscoff.co.uk](http://miniscoff.co.uk), or to order from miniscoff, click on to [olimia.co.uk](http://olimia.co.uk).

LET'S STAY HOME, MUM!  
Have fun with your toddler - for free